CPAP Smartcards

A smartcard is a plastic card or chip that is inserted into your CPAP unit. Smartcards can provide a lot of helpful information about how often you are using CPAP and how well it is working for you. Your sleep doctor or nurse can use this information to monitor your progress and give you feedback.

It is important to have your smartcard downloaded on a regular basis to make sure your CPAP therapy is going well. You should have your card downloaded at least every 1-2 months when first starting on CPAP, and then about every 3-4 months thereafter. You should also have your card checked any time you are having a problem with your CPAP mask or unit; if you are due to have surgery of any kind; and/or you have changes to your sleep, level of sleepiness, weight or other medical conditions.

There are two ways to download your CPAP smartcard: you can bring your smartcard into our CPAP Clinic (see CPAP Clinic page for more information), or you can mail your smartcard to the Penn Sleep Center. To mail your card, please include your full name, your date of birth and your Sleep doctor or nurse's name; and mail to:

Penn Sleep Center
3624 Market Street
Suite 201
Philadelphia, PA 19104

Please remember to bring your smartcard and mask to every appointment at the Sleep Center. Doing so will help us fix mask leaks, make pressure adjustments and address other issues during your visit.